



The Society of Toxicology recognizes the importance of mentoring in the scientific and professional development of its members.

**Mentor Match** ([www.toxicology.org/application/jobbank/mentormatch.asp](http://www.toxicology.org/application/jobbank/mentormatch.asp))

*Hosted by the Career Resource and Development (CRAD) Committee*

Mentor Match is designed as a self-guided program in which mentees search a database of SOT members who have signed up to volunteer as mentors. Use of Mentor Match is free and is only available to SOT members.

**Undergraduate Diversity and Education Programs** ([www.toxicology.org/groups/ug/affiliates.asp](http://www.toxicology.org/groups/ug/affiliates.asp))

*Hosted by the Committee on Diversity Initiatives (CDI)*

Recipients of the Undergraduate Diversity Program Student and Advisor Travel Awards participate in a three-day program to learn more about toxicology and careers in biomedical research. This program includes introductory toxicology lectures, participation in mentoring groups, opportunities to meet with academic program directors and toxicologists from different employment sectors, and Annual Meeting sessions.

All undergraduate students registering for the SOT Annual Meeting can sign up for the Sunday Undergraduate Education Program, which includes introductory toxicology lectures, special sessions on applying for and being successful in graduate school, and the opportunity to meet one-on-one with directors of academic toxicology programs and internship hosts.

**Chat with an Expert** ([www.toxicology.org/groups/gs/graduates.asp](http://www.toxicology.org/groups/gs/graduates.asp))

*Hosted by the Graduate Student Leadership Committee (GSLC)*

The purpose of Chat with an Expert is to provide graduate students and postdoctoral scholars with the opportunity to network informally with well-established toxicologists while obtaining career advice and meeting new colleagues. This program also includes opportunities for postdocs to host informal meetings with graduate students.

**Poster Tours for Trainees** ([www.toxicology.org/groups/postdoc/postdoc.asp](http://www.toxicology.org/groups/postdoc/postdoc.asp))

*Hosted by the Postdoctoral Assembly (PDA)*

The Postdoctoral Assembly organizes Poster Tours for Trainees at the SOT Annual Meeting for graduate students and postdoctoral scientists to participate in a one-hour guided poster tour with a toxicologist guide. These small group tours provide the opportunity for trainees to take part in critical evaluation of cutting-edge toxicology methods and research findings and network with a senior toxicologist.

**SOT Mentoring Breakfast**

*Hosted by the Career Resource and Development (CRAD) Committee*

The SOT Mentoring Breakfast is for toxicologists at any career stage—from students and scholars to senior scientists—who are seeking a mentor. The event is held during the SOT Annual Meeting. At the Breakfast, trained facilitators lead small group discussions to determine each individual's wants and needs in a mentor and then use this information to connect the participant with an appropriate mentor.

**Regional Chapter, Special Interest Group, and Specialty Section Mentoring Initiatives**

Many of SOT's Regional Chapters, Special Interest Groups, and Specialty Sections host mentoring events and activities for their members, with a focus on the geographic region, ethnicity/gender, or specialty area of the group's namesake. Many are held during the SOT Annual Meeting or a Regional Chapter regional meeting; others occur throughout the year. The events may include such various activities as speed mentoring, chat with a mentor, career development mixers, etc.

[www.toxicology.org/groups/rc/rc.asp](http://www.toxicology.org/groups/rc/rc.asp)

[www.toxicology.org/groups/sig/sig.asp](http://www.toxicology.org/groups/sig/sig.asp)

[www.toxicology.org/groups/ss/ss.asp](http://www.toxicology.org/groups/ss/ss.asp)